

Second Level Development Education – information resources for used with students aged 13-17

Action Lesotho

A small team of Irish volunteers supports the work of the In-Country Director and local Basotho staff in **Lesotho**. Our aim is to break the cycle of poverty for some of the country's poorest people.

Online information: www.actionlesotho.ie and www.facebook.com/ActionLesotho The Action Lesotho newsletters can be downloaded from the website and are a useful source of information about our work and projects.

Basic Human Rights

UN Declaration of human rights <http://www.un.org/en/documents/udhr/>

UNICEF Rights of the child http://www.unicef.org/crc/files/Rights_overview.pdf

Council of Europe; Human Rights http://www.coe.int/t/dghl/monitoring/ecri/default_en.asp

Irish Human Rights Commission – Children's Rights
<http://www.ihrcc.ie/cspe/cspeteacherreso/childrensrights.html>

Irish Human Rights Commission 'Express Yourself Exhibition'
http://www.ihrcc.ie/download/pdf/6_step_teacher_guide_young_people_promoting_human_rights_equality_in_ireland_20132014.pdf

Locating Lesotho in the global context

UNICEF Country information on key issues in Lesotho:
http://www.unicef.org/search/search.php?q_en=lesotho&go.x=0&go.y=0

UNICEF on children's education in Lesotho:
http://www.unicef.org/infobycountry/lesotho_20016.html

Irish Aid & Lesotho: <https://www.irishaid.ie/what-we-do/countries-where-we-work/our-partner-countries/lesotho/>

WaterAid in Lesotho: <http://www.wateraid.org/uk/where-we-work/page/lesotho>

Lesotho Foreign Ministry official site: <http://www.foreign.gov.ls/home/>

Lesotho culture

Morija museum: <http://www.morija.co.ls/>

Music: <http://www.folkways.si.edu/music-of-lesotho/world/album/smithsonian>

General information: http://www.dolencymru.org/information_about_lesotho/3628/

Crafts: <http://www.africancrafts.com/lesotho.php>

Fundraising activities

Action Lesotho is funded by personal and corporate donations, and by the Civil Society Fund of Irish Aid. If you would like to get involved in this work please refer to our website www.actionlesotho.ie and contact us for more information. A newsletter is published every quarter, and you can find us on Facebook for the latest news

Fundraising Our money can have a huge impact on people's lives. For example, in Lesotho

€20 feeds a sick person on our Malimpho programme for a month

€30 buys enough seed to sow an acre of maize.

€100 pays for an annual education support package for an Orphaned or Vulnerable Child. This would provide a child with a school uniform and access to a daily breakfast club and homework club.

Here are some suggestions for fundraising projects:

To make your fundraising event stand out, a **Lesotho theme** can make all the difference: Use the resources above for information about Human Rights, Lesotho in the global context, the festivals, music and crafts of Lesotho.

- **Create a campaign to increase sales at Action Lesotho bookshop** in Tralee, Co Kerry. This bookshop stocks second hand books for readers of all ages and interests.

Design a poster featuring the projects the funds are needed for.

Make bookmarks with www.actionlesotho.ie information to be included in each book or sold for a few cents.

- **Organise a Book 'n' Bake Sale** in your school.

Decorate the stalls with Lesotho designs. Include some fruit that grows in Lesotho – peaches for a summer sale, and cornbread to use maize as the local people do. Sell books, CDs, DVDs as well as food.

- **Hold a concert**

It would be cool to create some instruments from recycled materials –

Sotho Sounds Junk Funk <http://www.worldmusic.net/store/item/TUG1066/> shows local shepherds making and playing their own instruments - tin cans and bicycle wire for guitars.